

Rural SIMs - A Guide for Facilitators

10 min	Introductions, SIM Pre-Brief
30 min	Facilitated SIM
20 min	Debrief (when possible, do a quick check-in “how do you feel?” on site, followed by a deeper debrief over lunch, in the Clinic Lounge)

1) Introductions (5 min)

Invite participants to introduce themselves BRIEFLY: Name - Role

2) SIM Pre-Brief (5 min) - feel free to use scripts below!

- « Let us keep in mind that all present here are competent, well trained and keen to learn and improve; we are here to learn from each other and practice our team approach to emergencies in a rural/remote setting. »
- « This is a **confidential space** - please do not discuss what happens in the SIM with anyone who was not present. »
- « This is a **safe space**, so dive in, pretend this is real, do your best, and be glad when you make mistakes - that is how we all learn! We are here to navigate uncertainty together and aim to conclude every SIM with a sense of collective accomplishment. »

4) Facilitate the SIM (30 min)

- Read the prompt.
- Answer history and physical exam questions posed by participants.
- Update vital signs as needed
- If the SIM derails, make helpful suggestions: « Perhaps we can pause here, and someone can summarize the case up to this point? »
- Invite an expert guest ([RTVS Consultant](#)) to your SIM!

6) SIM Debrief (20 min)

- Invite a Team Member to summarize case - preferably not the leader (if SIM was a bit chaotic, the facilitator can choose to give summary instead)
- Ask each Team member to comment:
 - « Please tell me one of two words about how you felt in this SIM? »
 - If big/intense feelings come up, consider addressing them right away; otherwise defer to later in debrief, but ALWAYS address any concerns or questions that come up before the end of the session.
- Ask Team two questions:
 - « What went well? »
 - « What did you find challenging? Anything you would do differently if you had the chance?»
- [Advocacy Inquiry](#): **PAAIL** mnemonic
 - **Preview**: “I’d like to talk about...”
 - **Advocacy 1** - “I notice that...”
 - **Advocacy 2** - “I am concerned that...”
 - **Inquiry** - “I wonder...” (try to understand what motivated the provider/team to do what they did; do not assume, ask!)
 - **Listen** carefully

7) Take-home points

- Ask each participant for one thing they will take from this SIM.
- Share link(s) to helpful resources that you want to share.